

**GO-FAST RIVER RUN**

Lock Haven, PA  
 Lock Haven University  
 October 29, 2016



OFFICIAL MEET REPORT  
 printed: 10/29/2016 12:45 PM

**Race #1**  
**WOMEN • 6 Kilometers (3.73 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

| Final Standings    | Score | Scoring Order         | Avg.  | Spread |
|--------------------|-------|-----------------------|-------|--------|
| 1 Shippensburg     | 35    | 1-2-3-12-17(22)(27)   | 24:47 | 2:25.3 |
| 2 East Stroudsburg | 51    | 6-7-11-13-14(33)      | 25:18 | 1:26.5 |
| 3 Clarion          | 61    | 5-8-9-16-23(30)(31)   | 25:47 | 3:32.8 |
| 4 Lock Haven       | 83    | 10-15-18-19-21(25)    | 26:28 | 2:14.7 |
| 5 Carlow           | 102   | 4-20-24-26-28(29)(32) | 27:47 | 5:47.6 |

**INDIVIDUAL RESULTS (cont'd)**

| Athlete              | YR Team        | Score | Time    |
|----------------------|----------------|-------|---------|
| 40 YOUNG, Courtney   | SO Clarion     | -     | 34:30.5 |
| 41 YOUNG, Nicole     | SO Clarion     | -     | 34:30.6 |
| 42 MILES, paola      | FR Clarion     | -     | 34:48.6 |
| 43 YOUNG, Emily      | SO Clarion     | -     | 34:49.0 |
| 44 MILES, jordon     | FR Clarion     | -     | 35:14.0 |
| 45 HELWIG, Katie     | FR Clarion     | -     | 36:06.1 |
| 46 COLLINS, Jordon   | SO Clarion     | -     | 36:33.2 |
| 47 RUIZ, Melissa     | Central Penn   | -     | 37:41.8 |
| 48 KRUSCH, Stephanie | RIT Running cl | -     | 37:50.7 |
| 49 ORICE, Jessica    | Central Penn   | -     | 43:57.6 |
| 50 GLOVER, Nashae    | Central Penn   | -     | 44:00.5 |

**INDIVIDUAL RESULTS**

| Athlete                | YR Team           | Score | Time    |
|------------------------|-------------------|-------|---------|
| 1 GUARNACCIA, Katie    | SO Point Park     | -     | 21:57.0 |
| 2 SHIELDS, Anna        | SO Point Park     | -     | 23:02.2 |
| 3 KIMBOROWICZ, Sand    | FR Shippensburg   | 1     | 23:52.1 |
| 4 ANTONI, Maria        | FR Shippensburg   | 2     | 24:03.1 |
| 5 TODD, Abbie          | SO Shippensburg   | 3     | 24:04.6 |
| 6 WILSON, McKenzie     | SO Point Park     | -     | 24:11.9 |
| 7 HUTTON, Janika       | FR Carlow         | 4     | 24:18.1 |
| 8 SNYDER, Maria        | SO Clarion        | 5     | 24:26.3 |
| 9 WOJTKOWIAK, Jessic   | SR Unattached     | -     | 24:26.9 |
| 10 EDER, Emily         | FR East Stroudsbu | 6     | 24:31.8 |
| 11 CONCANNON, Rita     | Penn State Clu    | -     | 24:34.7 |
| 12 BELBY, Steph        | SR East Stroudsbu | 7     | 24:38.6 |
| 13 SCHWERZLER, Mega    | FR Clarion        | 8     | 25:01.9 |
| 14 REDMOND, Hayley     | FR Clarion        | 9     | 25:15.3 |
| 15 SCHOBEL, Courtney   | SR Lock Haven     | 10    | 25:17.6 |
| 16 STRONG, Taylor      | FR Indiana (Pa.)  | -     | 25:30.7 |
| 17 VLEDDER, Jenna      | FR East Stroudsbu | 11    | 25:31.1 |
| 18 BOOTH, Katie        | FR Shippensburg   | 12    | 25:36.8 |
| 19 KILLORAN, Mary-Kate | SR East Stroudsbu | 13    | 25:45.5 |
| 20 RACHMACIEJ, Gabriel | SO East Stroudsbu | 14    | 25:58.3 |
| 21 DOWD, Steph         | SR Lock Haven     | 15    | 26:04.3 |
| 22 HAMILTON, Maddison  | FR Clarion        | 16    | 26:11.2 |
| 23 JONES, Abigail      | FR Shippensburg   | 17    | 26:17.4 |
| 24 KNEPP, Ally         | FR Lock Haven     | 18    | 26:33.8 |
| 25 WHALEY, Amelia      | JR Lock Haven     | 19    | 26:49.6 |
| 26 HORGAN, Megan       | FR Carlow         | 20    | 27:25.1 |
| 27 BARSHINGER, Cassid  | SO Lock Haven     | 21    | 27:32.3 |
| 28 REGAN, Kaitlin      | FR Shippensburg   | (22)  | 27:58.7 |
| 29 DUDEK, Rebecca      | SO Clarion        | 23    | 27:59.1 |
| 30 CHWILKA, Lea        | JR Carlow         | 24    | 28:23.9 |
| 31 WISER, Jordan       | FR Lock Haven     | (25)  | 28:28.4 |
| 32 GLAUB, Leanne       | SO Carlow         | 26    | 28:41.0 |
| 33 CASTILLO, Candice   | SO Shippensburg   | (27)  | 29:02.4 |
| 34 KLUGER, Gabrielle   | SO Carlow         | 28    | 30:05.7 |
| 35 WINTER, Katherine   | FR Carlow         | (29)  | 30:15.4 |
| 36 BRUMBAUGH, Rikki    | JR Clarion        | (30)  | 30:36.7 |
| 37 TARR, Danielle      | JR Clarion        | (31)  | 30:36.7 |
| 38 IGNAT, Alyssa       | SR Carlow         | (32)  | 32:15.3 |
| 39 PIERRE, Emily       | SR East Stroudsbu | (33)  | 32:23.7 |