

2010 POINT PARK UNIVERSITY WOMEN'S SOCCER QUICK FACTS

GENERAL INFORMATION

Location: Pittsburgh, Pa.
Founded: 1960
Enrollment: 3,800
Nickname: Pioneers
Colors: Green and Gold
Affiliation: NAIA
Conference: American Midwest
Home field: Founders Field, Cheswick, Pa.
President: Dr. Paul Hennigan
Athletic Director: Dan Swalga
Athletic Phone: (412) 392-3844

COACHING STAFF

Head coach (alma mater): Mark Platts (Walsh '04)
Years at Point Park: first season
Record at Point Park: 0-0
Years as head coach: first season
Overall record: 0-0
Assistant coach (alma mater): Jessica Weary (Robert Morris '09), first season

TEAM INFORMATION:

2009 overall record: 2-13-1
2009 conference record: 0-10-1
2009 conference finish: 12th of 12
Starters returning/lost: 8/3*
Letter winners returning/lost: 11/5
*started at least 50% of games
**played in at least 50% of games

PROGRAM HISTORY

First year of sport: 2005
All-time record: 18-58-5
Last postseason appearance: NA

SPORTS INFORMATION

Contact: Kevin Taylor, SID
Office: (412) 392-3997
Email: ktaylor@pointpark.edu
Point Park website: www.pointpark.edu/athletics
Point Park address: 201 Wood St., Pittsburgh, PA 15222

PLAYER INFORMATION:

Key returning players

Key returning players	Notes
Jo Jo Altebrando (D, Sr.)	All-AMC HM last two years, three-year starter, 3 goals in 2009
Ashley Goodsell (M, Sr.)	All-AMC third team, 16 starts, 1 goal, 1 assist last season in first year at Point Park
Liz Velez (GK, Jr.)	All-AMC HM in 2009 in first season as starter, 76 saves in 11 games last year
Lauren Evans (M/F, Jr.)	Two-year starter has 2 goals, 6 assists in career

Key players lost

Key players lost	Notes
Angela Olivieri (F, Sr.)	All-AMC selection is the program's all-time leading scorer, 5 goals in '09, 10 goals in '08
Erica Mikolay (D, Sr.)	All-AMC selection was a four-year starter, 3 goals in 2009
Danielle Bush (M, Jr.)	Started 27 games over last three years, including 13 in 2009.

Key Newcomers

Key Newcomers	Notes
Alyssa Larkin (D/F, Fr.)	Bethel Park, Pa.
Colleen Poploski (F, Fr.)	Bethel Park, Pa.
Emily Levier (D, Fr.)	Gibsonia, Pa.

2010 POINT PARK WOMEN'S SOCCER ROSTER

No.	Name	Pos.	Ht.	Cl.	Hometown/High School
00	Liz Velez	GK	5-3	Jr.	McKean, Pa./General McLane
1	Anna Shaw	GK	6-0	Fr.	Mingo Junction, Ohio/Steubenville Catholic Central
2	Lauren Vernail	D	5-4	Fr.	Greensburg, Pa./Greensburg Salem
3	Amanda Trainor	M/D	5-3	Sr.	Pittsburgh, Pa./Brashear
4	Destiny James	D/F	5-5	Fr.	Cumberland, Md./Fort Hill
5	Melia Muckle	M	5-3	Sr.	Sewickley, Pa./North Allegheny
6	Alyssa Larkin	D/F	5-3	Fr.	Bethel Park, Pa./Bethel Park
7	Ryan Holl	M/F	5-2	So.	Pittsburgh, Pa./Brashear
8	Kileigh Williams	F	5-6	Fr.	Marion, Ind./Marion
9	Lauren Evans	M/F	5-8	Jr.	Munhall, Pa./Steel Valley
10	Michelle Tabaka	M	5-5	Fr.	Springdale, Pa./Springdale
11	Emily Levier	D	5-6	Fr.	Gibsonia, Pa./Pine-Richland
12	Karly Shorts	M	5-4	So.	Hollsopple, Pa./North Star
14	Rachel Eagan	M	5-8	So.	Pittsburgh, Pa./Langley
15	Ashley Goodsell	F	5-3	Sr.	Southampton, N.J./Seneca High School
16	Colleen Poploski	F	5-7	Fr.	Bethel Park, Pa./Bethel Park
17	Casey Baldwin	D/F	5-4	Fr.	West Newton, Pa./Yough
20	Jo Jo Altebrando	D	5-4	Sr.	Montoursville, Pa./Montoursville
21	Maeve Gallagher	M/D	5-9	Jr.	Pittsburgh, Pa./Perry
22	Frankie Donlon	D	5-5	Jr.	Oxford, Pa./Oxford
23	Lindsay Carey	M/D	5-3	So.	Philadelphia, Pa./Calvary Christian
24	Mallory Olson	D	5-1	So.	Munhall, Pa./Steel Valley

Head coach: Mark Platts (Walsh '04), first season **Assistant coach:** Jessica Weary (Robert Morris '09), first season

2010 POINT PARK WOMEN'S SOCCER SCHEDULE

Day/Date	Opponent	Time
Tue., Aug. 24	BETHANY (exhibition)	4:30 p.m.
Thur., Aug. 26	ST. VINCENT (exhibition)	6:30 p.m.
Wed., Sept. 1	at Franciscan	5 p.m.
Thur., Sept. 9	at Waynesburg	7 p.m.
Tue., Sept. 14	WESTMINSTER	5 p.m.
Thur., Sept. 16	at Geneva	7 p.m.
Fri., Sept. 17	WALSH*	4 p.m.
Wed., Sept. 22	SALEM INTERNATIONAL	5 p.m.
Tue., Sept. 28	MALONE*	5 p.m.
Thur., Sept. 30	LA ROCHE	7 p.m.
Sat., Oct. 2	at Cedarville*	1 p.m.
Tue., Oct. 5	CARLOW*	7 p.m.
Sat., Oct. 9	at Daemen*	2 p.m.
Wed., Oct. 13	at Ursuline*	3:30 p.m.
Sat., Oct. 16	at Roberts Wesleyan*	7 p.m.
Tue., Oct. 19	MT. VERNON NAZARENE*	4 p.m.
Thur., Oct. 21	WEST VIRGINIA TECH	4 p.m.
Sat., Oct. 23	at Houghton*	2 p.m.
Mon., Oct. 25	at Mountain State	3 p.m.
Sat., Oct. 30	NOTRE DAME (OH)*	5 p.m.

HOME GAMES IN BOLD CAPS

Home games played at Founders Field, Cheswick, Pa.

*American Mideast Conference game

2009 POINT PARK WOMEN'S SOCCER RESULTS

Overall: 2-13-1, AMC: 0-10-1

Date	Opponent	Result
Sept. 4	vs. Lake Erie (at La Roche)	L, 1-2 (ot)
Sept. 8	WAYNESBURG	W, 2-1
Sept. 10	at Mt. Vernon Nazarene*	L, 0-2
Sept. 12	DAEMEN*	L, 1-2
Sept. 19	GENEVA	L, 0-3
Sept. 29	at Carlow*	L, 1-3
Oct. 3	ROBERTS WESLEYAN*	L, 0-2
Oct. 6	at La Roche	L, 1-2
Oct. 10	at Shawnee State*	L, 1-2
Oct. 12	MOUNTAIN STATE	W, 7-0
Oct. 15	at Ursuline*	T, 0-0 (2ot)
Oct. 17	CEDARVILLE*	L, 1-2
Oct. 20	WALSH*	L, 0-6
Oct. 24	at Notre Dame (OH)*	L, 0-3
Oct. 27	HOUGHTON*	L, 0-1
Oct. 31	MALONE*	L, 0-1

HOME GAMES IN BOLD CAPS

Home games played at Founders Field, Cheswick, Pa.

*American Mideast Conference game

2009 SEASON BOX SCORE – POINT PARK WOMEN'S SOCCER

Overall: 2-13-1 Conf: 0-10-1 Home: 2-7 Away: 0-5-1 Neutral: 0-1-0

(Bold indicates player is not returning)

##	Name	GP-GS	G	A	Pts	SHOTS		SOG	SOG%	GW	PK-ATT
						Sh	Shot%				
10	Angela Olivieri	13-13	5	2	12	31	.161	19	.613	0	0-0
20	Jo Jo Altebrando	15-15	3	0	6	20	.150	11	.550	0	0-0
8	Erica Mikolay	16-16	3	0	6	12	.250	7	.583	1	0-0
7	Ryan Holl	16-8	3	0	6	11	.273	8	.727	1	0-0
15	Ashley Goodsell	16-16	1	1	3	15	.067	8	.533	0	0-0
9	Lauren Evans	16-12	0	3	3	9	.000	4	.444	0	0-0
12	Karly Shorts	16-14	0	1	1	7	.000	5	.714	0	0-0
24	Mallory Olson	16-14	0	1	1	6	.000	6	1.000	0	0-0
14	Rachel Eagan	7-0	0	1	1	2	.000	1	.500	0	0-0
3	Amanda Trainor	16-9	0	0	0	5	.000	4	.800	0	0-0
22	Frankie Donlon	16-16	0	0	0	4	.000	3	.750	0	0-0
5	Melia Muckle	4-1	0	0	0	3	.000	0	.000	0	0-0
2	Alexa Tokarski	15-6	0	0	0	3	.000	3	1.000	0	0-0
13	Danielle Bush	16-13	0	0	0	2	.000	2	1.000	0	0-0
11	Amanda Hruska	11-1	0	0	0	2	.000	0	.000	0	0-0
23	Lindsay Carey	8-0	0	0	0	0	.000	0	.000	0	0-0
21	Maeve Gallagher	13-11	0	0	0	0	.000	0	.000	0	0-0
Total.....		16	15	9	39	132	.114	81	.614	2	0-0
Opponents.....		16	32	25	89	257	.125	163	.634	13	0-0

##	Name	GP-GS	Minutes	GOAL AVERAGE		SAVES		RECORD			
				GA	Avg	Saves	Pct	W	L	T	Sho
00	Liz Velez	11-11	1015:10	19	1.68	76	.800	2	8	0	2
21	Maeve Gallagher	4-4	360:00	7	1.75	52	.881	0	4	0	0
2	Alexa Tokarski	1-1	90:00	6	6.00	6	.500	0	1	0	0
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	0
Total.....		16	1465:10	32	1.97	135	.808	2	13	0	2
Opponents.....		16	1465:10	15	0.92	70	.824	13	2	0	8

Team saves: 1

POINT PARK UNIVERSITY WOMEN'S SOCCER – 2010 SEASON PREVIEW

Aug. 25, 2010

PITTSBURGH – The Point Park University women's soccer team is just one week away from its regular-season opener Sept. 1 at Franciscan, and the Pioneers are beginning to take shape under first-year coach Mark Platts. Point Park opened preseason training Aug. 16, and just like with any new coaching staff, the Pioneers are working through an adjustment period.

The Pioneers have 22 players on their 2010 roster with 13 returning veterans and nine incoming freshmen. Point Park welcomes back eight starters from last season, but virtually every starting position on the field was up for competition as preseason camp started.

Of the 22 players on the roster, two are goalkeepers, which leaves two players for each of the 10 other spots on the field.

“We have a good, solid squad of players with a lot of different people who can contribute,” said Platts, who was an assistant women's soccer coach at AMC member Walsh the last four years. “We have a backup for each position, so our depth as a whole is good. And there is a lot of competition for positions.

“We have veterans who are used to starting, and we also have incoming players who are vying for time. But we will put the 10 best players on the field regardless of how long they've been here.”

Platts, 29, is in his first year as a head soccer coach on the college level. The native of Wetherby, England, helped Walsh to the AMC playoffs the last two years, and he finished up his time playing for the Walsh men's soccer team in 2004. His most significant head coaching experience occurred last season in Alliance, Ohio, when he coached the Marlinton High School boys' soccer team to a 12-5-3 record and a berth in the regional finals.

Platts hired Jessica Weary as his assistant coach this summer. This is Weary's first coaching job as she finished playing career as a captain at NCAA Division I Robert Morris last season. Weary was a four-year starter on defense for the Colonials.

The Point Park women return much of last year's team, which had a record of 2-13-1. The Pioneers' season could have gone much different a year ago had it not been for seven losses that came by a one-goal margin. Five of those losses were by a final score of 2-1 and the other two were 1-0.

Entering the 2010 season, Platts feels that a lot of the games on the Point Park's schedule could go either way with the final difference coming down to a few key aspects of the game. According to Platts, team goals this year are for the Pioneers to form into a cohesive team and for the players to taste success, something that the veterans have yet to experience at Point Park.

“I feel that a lot of games will be 50-50,” said Platts. “We will have a chance to win much of the time, and the team that wins will be the one that is more fit and the one that plays together as a team.”

The things that Platts is stressing in the preseason are hard work, fitness and, as he puts it, “playing soccer,” which means possessing the ball and working as a team.

The Pioneers have had a week and a half of workouts, and on Tuesday night, they got their first preseason tune up in a scrimmage versus Bethany. The Pioneers lost, 2-0, but the game was scoreless for the first 70 minutes before the visitors added two goals down the stretch. Point Park's final exhibition game is Aug. 26 vs. St. Vincent.

Point Park's 18-game schedule includes 10 American Midwest Conference games and eight non-conference games. In all, the Pioneers have nine home games and nine road games. Point Park has four non-conference games versus NCAA Division III teams – at Franciscan (Sept. 1), at Waynesburg (Sept. 9), vs. Westminster (Sept. 14) and at Geneva (Sept. 16) before opening conference play at home versus Walsh (Sept. 17).

“There are some games on our schedule that we could expect to win because of past experiences, but nothing is guaranteed,” said Platts. “And there are games against strong teams that we should be the underdogs. If we can beat some teams that we are not expected to beat, it would really help our record. If we can do that, the playoffs are not far out of the question.”

In the AMC preseason coaches' poll that was announced Aug. 16, the top three teams in the league are Houghton, Mt. Vernon Nazarene and Notre Dame (OH). Houghton was the AMC's regular-season champ last year and opens the season ranked No. 22 in the national preseason poll. Mt. Vernon Nazarene won the AMC tournament in 2009.

MARK PLATTS, head coach, first season, 0-0 at Point Park, 0-0 overall

Mark Platts is in his first season as head coach of the Point Park women's soccer program, and this is his first season as a head coach on the collegiate level. Platts' experience includes the past four years as an assistant women's soccer coach at AMC rival Walsh University in Canton, Ohio. Platts, who was in charge of the Cavaliers' defensive positions of defender and goalkeeper, helped Walsh reach the AMC playoffs the last two years. Other duties include running Walsh's offseason conditioning program. Platts' experience as a head coach includes heading the Marlinton High School boys' soccer team in Alliance, Ohio, last season. Platts led Marlinton to a 12-5-3 record, a berth in the regional finals. The team was also district champions and co-conference champions. Platts finished his two-year playing stint at Walsh in 2004, the same year he earned a degree in marketing. He started his collegiate playing career with two years at Cuyahoga Community College in Parma, Ohio.

POINT PARK WOMEN'S SOCCER YEAR-BY-YEAR RECORDS

Year	Overall	AMC	Coach
2009	2-13-1	0-10-1	Jeroen Walstra
2008	4-10-4	1-9-3	Jeroen Walstra
2007	5-12	2-5	Jeroen Walstra
2006	5-9	2-5	Jeroen Walstra
2005	2-14	0-9	Jeroen Walstra
Totals	18-58-5	5-23-1	

*Note: the Point Park women's soccer program attained varsity status in 2005. The program participated as a club team beginning in 2002, when Ed Snee was the head coach. Jeroen Walstra took over in 2003, and he coached for two seasons as a club team.