

Britney G Brinkman

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EMPLOYMENT:

Associate Professor, Point Park University, 2018-present
Clinical-Community PsyD Program
Psychology Department
Pittsburgh, Pennsylvania

Associate Professor, Chatham University, 2016-2018
Counseling Psychology Graduate Programs
Pittsburgh, Pennsylvania

Assistant Professor, Chatham University, 2009-2016
Counseling Psychology Graduate Programs
Women's Studies Program
Pittsburgh, Pennsylvania

EDUCATION:

Ph.D. Counseling Psychology, 2009
Colorado State University, Fort Collins, Colorado
Dissertation: *Evaluation of the FAIR program; Teaching Gender Equality to Children*

Psychological Internship, August 2008- August 2009
University of Illinois, Urbana-Champaign; Counseling Center (APA Accredited)

Graduate Certificate Women's Studies, May 2008
Colorado State University, Fort Collins, Colorado

M.S. Counseling Psychology, May 2006
Colorado State University, Fort Collins, Colorado
Thesis: *Women's and Men's Experiences of Different Types of Gender Prejudice:
An online diary study*

B.S. Honors Psychology, May 2003, summa cum laude
University of Utah, Salt Lake City, Utah

Honors Thesis: *Comparison of Perceived Peer Use and Avoidant Coping as Predictors of Adolescent Drinking*

HONORS AND AWARDS

- 2017 **Robert Wood Johnson Foundation; Interdisciplinary Research Fellows Program (September, 2017; \$348,889);** *Redefining Resilience and Reframing Resistance: Evaluation of a Violence Prevention and Health Promotion Empowerment Program for Black Girls.* The three-year fellowship includes leadership training as well as grant support for a pilot research project.
- 2014 **American Association of University Women; American Fellowships** (Summer Short-Term Research Publication Grant for book proposal *Detection and Prevention of Identity-Based Bullying: Social Justice Perspectives*)
- 2012 **Selected Participant for Institute for Feminist Academic Psychologists** Society for the Psychology of Women
- 2008 **Outstanding Student Poster Award** APA Division of Health Psychology
- 2007 **Outstanding Poster Submission,** Society for the Psychology of Women and APAGS Student Poster Session
- 2006 **Advocate of the Year,** Sexual Assault Victim Advocate Center of Larimer County, Colorado
- 2006 **Patsy Boyer Scholarship for Outstanding Women's Studies Graduate Student,** Women's Programs and Studies, Colorado State University
- 2006 **Walter C. Wittich Memorial Scholarship for Outstanding Counseling Psychology Student,** Colorado State University

GRANTS

Research grants:

Society for the Psychological Study of Social Issues Grant-in-Aid (January 2017; **Funded \$1,804.88**)

Redefining Resistance: Adolescent Girls' Experiences of and Responses to Oppression

Chatham University Scholarly Projects Funds (February 2017; **Funded \$2473.75**)

Redefining Resistance: Adolescent Girls' Experiences of and Responses to Oppression

See the Best in Me Photovoice Project, Funded by the FISA Foundation (2016-2017)

Co-Director Piloting Photovoice project with Gwen's Girls program participants, ages 12-18. The goal of the project is to engage girls in participatory research to challenge stereotypes of Black girls.

Chatham University Scholarly Projects Funds (November 2012, **Funded \$1058**)

Girls, Social Change and Activism

Chatham University Scholarly Projects Funds (February 2011, **Funded \$400**)

Co-Applicants: Deanna Hamilton, Ph.D., Mary Jo Loughran, Ph.D., Heather McNaugher, Ph.D.

Factors Influencing the Development of Women in College

Service Learning Mini-Grant (October 2008, **Funded \$800**) Colorado State University
Evaluation of the FAIR Program: Teaching Gender Equality to Children

Travel grants awarded:

2008 **Scholarship to attend “Teaching the Psychology of Men and Masculinity Workshop”**, APA Division of the Psychological Study of Men and Masculinity

2008 **Travel Award from the Society for the Psychology of Women** to attend the American Psychological Association National Convention

BOOKS

Brinkman, B.G. *Detection and Prevention of Identity-Based Bullying: Social Justice Perspectives* (2016) Routledge Press.

BOOK CHAPTERS:

Brinkman, B.G. (2016) Promoting Adolescent Girls’ Civic Engagement and Activism, in A.L. Bos & M.C Schneider (Eds). *The Political Psychology of Women in U.S. Politics*. (34-50). New York: Routledge.

Brinkman, B.G. (2016) Walking the Walk: Conducting Feminist Community-Based Research. In T.A. Roberts, N. Curtin, L. Duncan, & L.M. Cortina (Eds). *Feminist Perspectives on Building a Better Psychological Science of Gender*. (333-352). Springer International Publishing.

Brinkman, B.G. (2012) More PAR please! Why schools and universities should be doing more programming to reduce prejudice. In D. Russell & C. Russell (Eds.) *The Psychology of Prejudice: Interdisciplinary Perspectives on Contemporary Issues*. (203-218). New York: Nova Publishers.

PEER-REVIEWED PUBLICATIONS (* indicates student)

Brinkman, B.G. Samantha Marino* & Lauren Manning* (2018): Relationships are the heart of the work: mentoring relationships within gender-responsive programs for black girls, *Journal of Feminist Family Therapy*, DOI: 10.1080/08952833.2018.1490618

Brinkman, B.G. & Manning, L*. (2016) Children's intended responses to

gender-based bullying as targets and bystanders, *Childhood*, 23, 221-235 DOI: 10.1177/0907568215595095

- Brinkman, B.G.,** Isacco, A., & Rosén, L. (2016), College men's experiences of gender prejudice, *Journal of Men's Studies*, 24, 312-325
- Brinkman, B.G.,** Dean, A.*, Simpson, C.*, McGinley, M. (2015) Bystander Intervention of College Students' Experiences of Gender Prejudice, *Sex Roles*, 72, 485-498. DOI 10.1007/s11199-015-0485-x
- Brinkman, B.G.,** Khan, A.*, Jedinak, A.*, Vetere, L*. (2015) College Women's Reflections on Media Representations of Empowerment, *Psychology of Popular Media Culture*, 4, 2-17, <http://dx.doi.org/10.1037/ppm0000043>
- Brinkman, B.G.,** Rabenstein, K.*, Rosén, L., Zimmerman, T. (2014) Children's Gender Identity Development: A Dynamic Negotiation between Conformity and Authenticity. *Youth and Society*, 46, 835-852. Originally published online July, 2012. DOI: 10.1177/0044118X12455025
- Brinkman, B.G.,** & Jedinak, A.* (2014) Exploration of a Feminist Icon: Wonder Woman's Influence on U.S. Media [review of film *Wonder Women! The Untold Story of American Superheroines.*] *Sex Roles*, 70, pp 434-435, DOI: 10.1007/s11199-014-0364-x
- Brinkman, B.G.,** Khan, A.*, Edner, B.*, Rosén, L.A. (2013) Self-Objectification, Feminist Identity and Conformity to Feminine Norms among Female Vegetarians, Semi-Vegetarians, and Non-Vegetarians. *Eating Behaviors* 15 (2014), pp. 171-174 DOI: 10.1016/j.eatbeh.2013.11.006
- Brinkman, B.G.,** Brinkman, K.G., Toomey, S*. (2011). What to do about the boys? Advocating for system change when doing social justice work with girls. *Journal for Social Action in Counseling and Psychology*, 3, 53-70
- Brinkman, B.G.,** Garcia, K.*, Rickard, K.M. (2011). "What I wanted to do was..." Discrepancies between college women's desired and reported responses to gender prejudice. *Sex Roles*, 65, 344-355.
- Brinkman, B.G.,** Jedinak, A.*, Rosén, L. A., & Zimmerman, T.S. (2010) Teaching children fairness, decreasing gender prejudice amongst 5th graders. *Analyses of Social Issues and Public Policy*, 10, 171-191. DOI: 10.1111/j.1530-2415.2010.01222.x
- Brinkman, B.G.** & Glick Brinegar, M. (2010). Tackling violence on college campuses [Review of the book *Understanding and Preventing Campus Violence*]. *Psychology of Women Quarterly*, 34, 132-133.

Brinkman, B.G. & Rickard, K.M. (2009) College students' descriptions of everyday gender prejudice. *Sex Roles*, 61, 7-8, 461-475. DOI: 10.1007/s11199-009-9643-3

MANUSCRIPTS UNDER REVIEW

Brinkman, B.G. et.al. , *Integrating a Smartphone Application into Bystander Intervention Training to Prevent Sexual Violence on College Campuses* Manuscript under review.

OTHER PUBLICATIONS

Brinkman, B.G. (2009). Making feminism relevant through the generations. (Essay) *The Feminist Psychologist: Newsletter of the Society for the Psychology of Women*, 36 (1).

Brinkman, B.G. (2009). *Multicultural Issues in Counseling: Study Guide*. Companion to the text *Multicultural Issues* (Pearson).

Brinkman, B.G. (2009) *Social Problems: Study Guide*. Companion to the text *Social Problems* (Pearson).

Brinkman, B.G. (2009). *Social Welfare: Study Guide*. Companion to the text *Social Welfare* (Pearson).

Brinkman, B.G. (2009). *Group Dynamics and Counseling: Study Guide*. Companion to the text *Generalist Social Work Practice with Groups*.

INVITED LECTURES/PRESENTATIONS

Brinkman, B.G. *Girls' Activism in Response to Violence* (2016, November), Talk at the Gender and Violence: Connecting Interdisciplinary Scholarship and the Community Symposium at Chatham University.

Brinkman, B.G. (2015, July) *Psychology of Gender*, Invited speaker for Global Solutions Pittsburgh and Get Involved!, Fast Track: Social Justice, Pittsburgh, PA

Brinkman, B.G. (2014, November). *Social Justice Initiatives Beyond the University: Promoting Girls' Empowerment through Community-Based Research*. Chatham University Faculty Lecture Series.

- Brinkman, B. G.** (2014, August). *Leadership and Power: Workshop for Students of Division 17*, Invited speaker for American Psychological Convention, Washington, D.C.
- Brinkman, B.G.** (2014, July) *Gender and Social Justice Work*, Invited speaker for Global Solutions Pittsburgh and Get Involved!, Fast Track: Social Justice, Pittsburgh, PA
- Brinkman, B.G.** (2014, January) *The State of the Girl: Emotional, Cognitive, Social, and Physical Development*. Invited panelist for Strong Women Strong Girls Training, Pittsburgh, PA.
- Brinkman, B.G.** (2013, December) *Activism Not Slactivism: Supporting Youth Activism through Teaching, Research and Action*. Webinar provided through Utah State University's Center for Women and Girls.
- Brinkman, B.G.** (2012, November) *Activism Work with (not for) Children and Adolescents*. Invited keynote for 21st Annual Diversity Conference, University of Albany.
- Brinkman, B.G.** (2010, May) *How to refine a research agenda*. Invited talk presented to faculty at Chatham University.
- Brinkman, B.G.** (2008, August) *Making feminism relevant: Across the generations*. Invited talk presented at the annual meeting of the American Psychological Association in Boston, Massachusetts.
- Brinkman, B.G.** (2006, September) *Gender prejudice at CSU: What does it look like, how common is it, and how do students respond?* Invited talk presented at the Women at Noon lecture series for the Women's Studies program at Colorado State University.

PEER REVIEWED PRESENTATIONS

- Brinkman, B.G.,** Tiefer, L. (2018, March). *Intergenerational Feminist Psychology: Dialogues to Build Bridges* Workshop presented at the annual Association for Women in Psychology conference in Philadelphia, PA.
- Hamilton, D., **Brinkman, B.G.,** Brinkman, K., Meade, K., Deal, M. (2018, March) *Redefining Resistance: Exploring Adolescent Girls Responses to Oppression* Paper presented at the annual Association for Women in Psychology conference in Philadelphia, PA.
- Brinkman, B.G.,** Goodkind, S., Dandridge, A., Marino, A., Johnson, K. (2018, March).

Redefining Resilience: Reflections on the Reflexive process in a community-based project with Black girls. Paper presented at the annual Association for Women in Psychology conference in Philadelphia, PA.

Brinkman, B.G. Barbetti, C., Dandridge, A., Horner, K., & Donohoe, P. (2017, August). *Teaching Intersectionality and Reducing Islamophobia.* Poster presented at the annual American Psychological Association conference in Washington, D.C.

Brinkman, B.G. Neil, C., Corbesoro, S. (2017, March). *Examining Cultural Messages about Women and Power: Girls' Media Activism.* Paper presented at the annual Association for Women in Psychology conference in Milwaukee, WI.

Brinkman, B.G., McGreevey, S., Mastruserio, S., Middleton, A. (2016, August). *Integrating a Smartphone Application into Bystander Training to Prevent Sexual Violence on College Campuses,* Poster presented at the Annual American Psychological Association Convention, Denver, Colorado.

Brinkman, B.G. (2016, April) *Flip the Script: Fostering Girls' Media Activism through Feminist Community-Based Research.* Paper presented at the International Girls' Studies Association Conference in Norwich, England.

Brinkman, B.G., Manning, L., Barbetti, C., Ostroff, N., & Thornhill, M. (2016, March). *"Inspiring a new destiny": Reflections on Mentoring Relationships at a Girl Serving Agency.* Paper presented at the annual Association for Women in Psychology conference in Pittsburgh, Pennsylvania.

Brinkman, B.G. (2015, August) *Identity-based Bullying as a Social Justice Issue.* Paper presented at the Annual American Psychological Association Convention, Toronto, Canada.

Brinkman, B.G., Khan, A., Jedinak, A., Harrison, S. (2015, March) *Adolescent Girls' Perspectives of Feminism and Activism.* Paper presented at Annual Association for Women in Psychology, San Francisco, California.

Brinkman, B.G., Manning, L., Russell, E., Thornhill, M., Karnes, C. (2015, March) *African American Girls' Reflections on Mentoring Relationships at a Girl Serving Agency.* Paper presented at Annual Association for Women in Psychology, San Francisco, California.

Brinkman, B.G., Hirsch, K. Goldberg, S.K., Schick, C. (2014, August) *Advocacy as Part of Multicultural Competence Training within Counseling Psychology Programs.* Poster presented at the Annual American Psychological Association Convention, Washington, D.C.

Brinkman, B. G. , Yoder, J. (2014, August) *Psychology of Women Quarterly is more*

- than Just Dry Articles*. Paper presented at the Annual American Psychological Association Convention, Washington, D.C.
- Brinkman, B.G.,** Khan, A.*, Jedinak, A.* (2014, March) *Girls, Social Change, and Activism*. Paper presented at Annual Association for Women in Psychology Conference, Columbus, Ohio.
- Brinkman, B.G.,** Khan, A.*, Jedinak, A.* (2014, March) *Bridging Academic and Community-Based Research*. Paper presented at Annual Association for Women in Psychology Conference, Columbus, Ohio.
- Brinkman, B.G.,** Khan, A.*, Jedinak, A.*. (2013, August) *College Women's Views on Activism and Empowerment*. Poster presented at the Annual American Psychological Association Convention, Honolulu, HI.
- Brinkman, B.G.,** Jedinak, A.*, Khan, A.* (2013, March) *Exploring Cultural Messages of Empowerment through Media Literacy and Activism*. Workshop presented at the Annual Association for Women in Psychology conference, Salt Lake City, UT
- Brinkman, B.G.** Jedinak, A.*, Khan, A.*, Hirsch, K*. (2013, March) *Adolescent Girls and Sexism: A Longitudinal Analysis*. Poster presented at the Annual Association for Women in Psychology conference, Salt Lake City, UT.
- Brinkman, B.G.,** Rabenstein-Donohoe, K.*, Dail, C.*, (2012, August) *Children's Conceptualizations of Bullying, Gender Prejudice and Racism*. Poster presented at the Annual American Psychological Association Convention, Orlando, FL.
- Sim, W., **Brinkman, B.G.** (2012, August) *Mentoring & ECPs: Navigating Multiple Roles*. Co- Chair of Symposium presented at the Annual American Psychological Association Convention, Orlando, FL.
- Brinkman, B.G.,** Jedinak, A.*, Hamilton, D., Simpson, C.*, Isacco, A., Stubbs, P. (2012, March) *Cultivating Gender and Diversity Awareness on College Campuses*. Paper presented at Association for Women in Psychology, Palm Springs, CA
- Brinkman, B.G.,** Rabenstein-Donohoe, K*. (2012, March) *Fostering Academic Feminist Identity Through Mentoring*. Paper presented at Association for Women in Psychology, Palm Springs, CA
- Hamilton, D., Simpson, C.*, **Brinkman, B.G.,** McNaugher, H., Loughran, M. (2012, March) *The impact of single-sex colleges on women's development across the lifespan*. Paper presented at Association for Women in Psychology, Palm Springs, CA
- Brinkman, B.G.** (2012, January) *Teaching Action Research, Social Justice Advocacy,*

- and Activism*. Poster presented at the Institute for Feminist Academic Psychologists, San Antonio, TX.
- Brinkman, B.G.** (2011, November). *From Girls to Young Women: Reflections on a Longitudinal PAR Project*. Paper presented at National Women's Studies Association Conference, Atlanta, GA.
- Brinkman, B.G.** (2011, August). *Adolescent Boys, Gender Socialization and Being At-Risk*. Chair of Symposium presented at the Annual American Psychological Association Convention, Washington, DC.
- Rabenstein, K.L.* , & **Brinkman, B.G.** (2011, August). *Enter at your own risk: Assessing boy's gender conformity to better counteract 'typical' adolescent risk taking behaviors*. Paper presented at the Annual American Psychological Association Convention, Washington, DC.
- Brinkman, B.G.**, Rabenstein, K*. (2011, February). *Teaching Equality to Future Generations*. Talk presented at the annual conference for the Association for Women in Psychology, Philadelphia, PA.
- Coyne, C., **Brinkman, B.G.**, Brinkman, K.G. (2010, October). *Creative Approaches for Working with Adolescent Girls*. Paper presented at annual conference of the National Women's Studies Association, Denver, CO.
- Brinkman, K.G., **Brinkman, B.G.**, Rabenstein, K.* , Sahker, E.* (2010, October). *Adolescent Girls' Spirituality: Discussions Challenging Tradition*. Poster presented at annual conference of the National Women's Studies Association, Denver, CO.
- Brinkman, B.G.**, (2010, August). *Children's Gender Identity Development: A Dynamic Negotiation Between Conformity and Authenticity*. Poster presented at the annual convention of the American Psychological Association, San Diego, CA
- Isacco, A., **Brinkman, B.G.**, Mannarino, M., Loughran, M., Hamilton, D., Sim, W., Zanardelli, G., Bernstein, J. (2010, August). *Seeing the Forest and the Trees: Exploring Sustainability Themes in a Doctoral Psychology Training Program*. Talk presented at the annual convention of the American Psychological Association, San Diego, CA.
- Brinkman, B.G.**, Brinkman, K.G. (2010, February). *No More Fat Talk: Teaching Adolescent Girls to Encourage Healthy Body Images for Themselves and their Peers*. Talk presented at the annual conference of the Association for Women in Psychology, Portland, OR.
- Brinkman, B.G.** (2010, February). *College Women's Utilization of Social Support After Experiences of Gender Prejudice*. Poster presented at the annual conference of the Association for Women in Psychology, Portland, OR.

- Brinkman, B.G.**, Strife, S.R., Ertel, M.*, & Canetto, S.S. (2008, August). *The impact of women's studies courses on student self-esteem and self-efficacy*. Poster presented at the annual conference of the American Psychological Association, Boston, MA.
- Brinkman, B.G.**, Sharp, J.T., Lee, M., & Rosén, L.A. (2008, August). *The impact of vegetarianism, motivation for dietary choice and feminist activism on levels of self-objectification*. Poster presented at the annual conference of the American Psychological Association, Boston, MA.
- Brinkman, B.G.** & Brinkman, K.G. (2007, August). *Longitudinal effects of sexism on adolescent girls' self-efficacy*. Poster presented at the annual conference of the American Psychological Association, San Francisco, CA.
- Brinkman, B.G.** & Rickard, K. (2007, August). *Feminist activism and college women's responses to gender prejudice*. Poster presented at the annual conference of the American Psychological Association, San Francisco, CA.
- Brinkman, B.G.** & Brinkman, K.G. (2007, April). *A qualitative analysis of relational aggression among 7th grade girls*. Poster presented at the annual conference of the Rocky Mountain Psychological Association, Denver, CO.
- Brinkman, B.G.** & Rickard, K.R. (2006, August). *Women's and men's experiences of different types of gender prejudice*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Brinkman, B.G.** & Coochise, J. (2006, April). *Indirect aggression in children's television*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Park City, UT.
- Brinkman, B.G.** & Brinkman, K. (2006, April) *Adolescent girls' experiences of sexism*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Park City, Utah.
- Brinkman, B.G.**, Hosoi, A., & Strife, S. (2006, February). *Throwing a Red Party: the history of menarche*. Workshop presented at the first annual Women's Conference at Colorado State University, Fort Collins, CO.
- Brinkman, B.G.**. (2005, April) *The declassification of homosexuality from the DSM: Science, politics and morality*. Oral paper presented at the annual meeting of the Rocky Mountain Psychological Association, Phoenix, AZ.
- Brinkman, B.G.** & Brinkman, K. (2004, February). *Seeking self, the spiritual personality as a resiliency factor for young women*. Paper presented at the annual meeting of the Association for Women in Psychology, Philadelphia, PA.

RESEARCH PROJECTS

2009-present Developed and Co-Coordinate the Psychology of Gender Research Team:
 Co-Coordinator: Anthony Isacco, Ph.D.
 Provides research training opportunities for undergraduate and graduate students (average of 15-20 students on the team per year)
[\(http://blogs.chatham.edu/genderresearchteam/\)](http://blogs.chatham.edu/genderresearchteam/)

Investigator: *Redefining Resistance: Adolescent Girls' Experiences of and Responses to Oppression*
 Chatham University

Co-Investigators: Dr. Deanna Hamilton, Dr. Kandie Brinkman

This project is funded by the Society for the Psychological Study of Social Issues.

The purpose of this study is to examine girls' experiences of oppression, exploring ways that they experience, engage in meaning making, and actively resist sexism. Further, the project examines the ways in which adult educators perceive girls' resistance. This study has a unique opportunity to examine possible changes over time by comparing data collected in this project to an initial 6-year study in the same school system. In particular, this project will seek to explore whether and how girls' resistance has shifted (or not) over time, with particular emphasis placed on exploring the role of social media in girls' resistance.

Investigator: *Redefining Resilience and Reframing Resistance: Evaluation of a Violence Prevention and Health Promotion Empowerment Program for Black Girls*
 Chatham University

Co-Investigators: Dr. Sara Goodkind, University of Pittsburgh; Dr. Kathi Elliott, Gwen's Girls

This project is funded by the Robert Wood Johnson Foundation through the Interdisciplinary Research Leaders Program

In Allegheny County, Pennsylvania, Black girls are 11 times more likely than White girls to be referred to the juvenile court, while nationally, Black girls are referred three times as often. The proposed research will evaluate an empowerment-based program for Black girls designed to challenge negative perceptions, prevent violence, and improve their health via advocacy, restorative practices, and participatory research. This research aims to address the following questions via a mixed-methods, longitudinal and participatory approach: 1) Can an empowerment-focused intervention prevent violence and improve Black girls' health?; 2) Can this empowerment-focused intervention shift adults' and girls' narratives about Black girls? There is growing national awareness of the challenges faced by Black girls and now is an opportune time to document and disseminate evidence-based models that address these inequities.

Investigator: *See the Best in Me Photovoice Project*
 Chatham University

Co-Investigator: Dr. Sara Goodkind, University of Pittsburgh

This project was funded by the FISA Foundation

This project was a pilot of Photovoice project with girls ages 12-18 participating in the Gwen's Girls program. The goal of the project was to engage girls in participatory research to challenge stereotypes of Black girls. This project offered Gwen's Girls participants training in participatory action research, with an emphasis on Photovoice and other visual methods. Photovoice is a methodology rooted in feminist theory that provides individuals with the opportunity to document their own experiences of their community, using photography.

Investigator: *Girls and Media Literacy and Media Activism*

Chatham University

Community Collaborator: Dr. Susan Corbesero; The Ellis School for Girls

The purpose of this research project is understand how adolescent girls view representations of girls and women in the media and whether their perspectives change as a result of receiving media literacy components within their school curriculum. This project is a community based research project based on a collaboration with a teacher at The Ellis School for Girls. Students completed an online questionnaire about media consumption and media literacy and developed capstone projects for the end of their academic year for which they created blog entries and creative activism projects presenting alternative media messages.

Investigator: *Sexual Violence Prevention on College Campus*

Chatham University

Co-Investigator: Dr. Sean McGreevey, Bellarmine College

The purpose of this study is to pilot and assess the use of the Circle of 6 App. This study will gain information about whether/how implementation of the Circle of 6 App is useful for Chatham University students with hopes to better understand students' conversations about getting support from community members. This study will also examine bystanders' awareness about sexual assault and intentions to intervene if needed.

Investigator: *Mentoring Models to Empower African American Girls*

Chatham University

This project examined the mentoring model used by the organization to build relationships between staff and clients. This project utilizes interviews and is the first phase of a multiple-phase research study.

Investigator: *Pedagogical tools for Teaching Intersectionality Theory*

Chatham University

The purpose of this research study is to examine educational procedures used to teach intersectionality theory to master's level psychology students. In addition to reading about intersectionality theory, students focus on an in-depth exploration of one cultural/ethnic group throughout the semester, practicing how to think intersectionally. Examples have included learning about Arab Americans and Muslims, and Native Americans and First Nations peoples. The research has explored how students

conceptualize intersectionality and its utility for counseling as well as changes in the students' attitudes about the specific ethnic/cultural group.

Investigator: *Adolescent Girls and Activism*

Chatham University

The purpose of this project was to explore adolescent girls' attitudes about social issues and factors which influence their decision to engage (or not) in social action. The study will examine whether girls' attitudes change over the course of a year-long participatory action research project. During the project, students from an all-girls high school will participate in workshops about activism and social issues. The workshops taught the girls about various forms of activism, current and historical activists and teach basic skills to develop an activism proposal plan.

Investigator: *Multicultural Competence, Advocacy and Activism*

Chatham University

The purpose of this project was to examine master's level counseling psychology students' development of multicultural competence and commitment to activism and advocacy work. The study examined if and how student's multicultural competence changes over the course of their required Culture and Identity class. The project also explored the impact on students of developing a social change advocacy plan proposal within their course.

Investigator: *College Women's Empowerment and Activism*

Chatham University

The purpose of the project was to explore college women's definitions of empowerment and activism and to examine how they are influenced by participating in an activism project. The project included quantitative measures of activism and open-ended questions about definitions of empowerment and engagement in activism behaviors.

Co-Investigator: *Impact of a Women's College on development and Well-Being*

Chatham University

The central purpose of the research study was to explore experiences unique to attending a women-only college that significantly impact women's development and well-being.

Investigator: *FAIR+ Program: Teaching Children Fairness and Decreasing Bullying*

Chatham University

The project consisted of implementing the FAIR+ program in schools and summer camp to teach children about equality and decrease instances of gender based bullying. The project included quantitative measures of gender identity, experiences of identity-based bullying, attitudes about gender roles, and attitudes about social class. Students also participated in focus groups where they discussed their experiences of sexism, classism and/or racism, their gender identity development, and perceived barriers to intervening when they witness identity-based bullying.

Co-Investigator: *College Students' Responses to Experienced and Witnessed Gender Prejudice*

In conjunction with Department of Psychology, Colorado State University

Co-Investigator: Lee A. Rosén, PhD

This study examined how college men and women respond when they experience gender prejudice as well as when they witness gender prejudice being experienced by their peers. Examined the impact of feminist activism and coping styles on response. Explored the process by which students consider whether or not to respond confrontationally to such events and the factors that influence this decision. Identified potential coping strategies for distress generated when experiencing or witnessing gender prejudice.

Co-Investigator: *Young Women's Wellness Research and Intervention Program*

In affiliation with the University of Utah

Co-Investigator: Kandie Brinkman, PhD and Lisa Diamond, PhD

Six- year longitudinal research project studying adolescent girls' experiences with sexism and resiliency factors. Designed and implemented a prevention program focusing on self-esteem, healthy relationships, decision making processes, body image, and other factors. The project was based on a mixed methods approach, incorporating quantitative methods as well as qualitative case study techniques.

Co-Investigator: *The Impact of Women's Studies Classes on Students*

Department of Psychology, Colorado State University

Co-Investigator: Silvia Sara Canetto, PhD

This study examined the influences women's studies classes have on students. In particular, this study utilized hierarchical regression analysis and repeated measures MANOVAs to investigate the effects on student's self-esteem and self-efficacy, attitudes about women's and men's roles in society, and feminist activism.

Co-Investigator: *Gender Norm Conformity, Feminist Identity, and Dietary Choices*

Department of Psychology, Colorado State University

Co-Investigator: Lee A. Rosén, PhD

This study examined the relationships among conformity to gender norms, feminism, body image and dietary choice. In particular, this research project focused on individuals who live vegetarian and vegan lifestyles.

Investigator: *Evaluation of the FAIR Program*

Department of Psychology, Colorado State University

Faculty Advisors: Dr. Lee A. Rosén and Dr. Toni Zimmerman

The FAIR program (Fairness for All Individuals through Respect) uses five experiential activities to teach youth about gender, racial and economic diversity. The goal of the program is to integrate social justice awareness into education as a step toward decreasing prejudice and discrimination. Utilizing qualitative and quantitative methodologies, this project assessed whether the program promotes change in students' knowledge, self- concept, attitudes, and behavior in terms of gender role stereotypes, racism, and classism.

Investigator: *Women's and Men's Experiences of Different Types of Gender Prejudice*
 Department of Psychology, Colorado State University
 Faculty Advisor: Kathryn Rickard, PhD

Used an online daily diary to examine college men and women's experiences of different types of sexism. Utilized qualitative content analysis to explore distress caused by the events, reactions to the events, and coping mechanisms used to deal with the events. Examined relationships between these factors and feminist activism, attitudes about gender roles, and levels of self-objectification utilizing chi-square analysis and logistical regression analysis.

SUPERVISED RESEARCH

Dissertation Chairs:

- **Chair:** Kelly Rabenstein Donohoe, PsyD.. *Creation of the Children's Gender Conformity Scale (CGCS)* Successfully Defended April 2012
- **Chair:** Christina Wallace PsyD.; *Relationship Status and Facebook: Does the offline transfer online?* Successfully defended December 2013
- **Chair:** Yvette Mallory; PsyD. *Violence in Adolescent Romantic Relationships* Successfully defended July 2014
- **Chair:** Allison Jedinak, PsyD., *Adolescent Girls' Perceptions of Sexualization of Girls in the Media* Successfully defended June 2015
- **Chair:** Lauren Manning, PsyD. *African-American Girls' Experiences of their Community's Responses to Their Participation in a Community Action Program* Successfully defended November 2014
- **Chair:** Evelyn Grey, M.S. *An Exploration of Biological Sex within Identity*
- **Chair:** Lynn Bankson, M.A., *Resilience and Culture: Examining Resilience Among African American Women Who Participated in Gwen's Girls Programing*

Independent Study Projects:

- Kelley Garcia, *College Students' Experiences with Gender Prejudice*
- Megan Toomey, *Adolescent Girls and Self-Esteem*
- Megan Carbaugh, *FAIR+ Program: Teaching Children Fairness and Decreasing Bullying*
- Allison Jedinak, *Impact of Women's Studies and Psychology Classes on College Students*
- Christine Simpson, *Women's College Experience*
- Angela Dean, *College Students' Experiences with Gender Prejudice*
- Ben Edner, *Vegetarianism, Body Image and Activism*
- Aliya Khan, *Vegetarianism, Body Image and Activism*
- Caitlin Dail, *FAIR+ Program*
- Lauren Manning, *FAIR+ Program*
- Susan Mastruserio, *Adolescent Girls and Sexism*
- Donnie Bean, *Gwen's Girls*
- Ciarra Karnes, *Gwen's Girls*

- Monica Thornhill, *Gwen's Girls*
- Claire Barbetti, *Gwen's Girls*
- Hannah Waechter, *Girls and Media Literacy*
- Jason Lucarelli, *Gwen's Girls: Adolescent Girls and Staff Relationships*
- Chelsea Neil, *Girls and Media Literacy; Qualitative Analysis*
- Alexis DeRiggi, *Evaluation of the FAIR+ Program*
- Samantha McDonough, *Gwen's Girls: Adolescent Girls and Staff Relationships*
- Hali Santiago, *Integrating a Smartphone Application into Bystander Intervention Training to Prevent Sexual Violence on College Campuses*

TEACHING EXPERIENCE (current course load= 7 courses per year)

- **Chatham University, Counseling Psychology Programs (Master's and Doctoral level courses)**
 - Practicum
 - Internship
 - History of Psychology
 - Group Counseling
 - Counseling Children and Adolescents
 - Independent Study
 - Foundations of Counseling Psychology
 - Theories and Techniques of Counseling
 - Social Psychology
 - Mindfulness Based Counseling
 - Culture and Identity
 - Girls' Studies
- **Chatham University, Undergraduate courses**
 - Gender and Contemporary Issues: Youth and Social Movements
 - Empower-tainment: Exploring the Culture of Girls' Empowerment
- **University of Illinois at Champaign Urbana, Dept. of Educational Psychology**
 - Co-Instructor: Intergroup Dialogues: Fall 2008
 - Special topic seminar: "Race and Ethnicity"
- **University of Utah, Gender Studies Program**
 - Instructor: Gender and Contemporary Issues: Summer 2008
 - Instructor: Gender and Contemporary Issues: Summer 2007
 - Instructor: Gender and Social Change: Summer 2006
- **Colorado State University, Women's Studies and Programs**
 - Co-Instructor: Introduction to Women's Studies: Spring 2006

- **Colorado State University, Department of Psychology**
 - Co-Instructor: Psychology of Gender: Fall 2006
 - Graduate Teaching Assistant: Child Psychology: Spring 2006
 - Graduate Teaching Assistant: Honors Intro to Psychology: Fall 2005
 - Graduate Teaching Assistant: Abnormal Psychology: Spring 2005
 - Graduate Teaching Assistant: Introduction to Psychology: Fall 2004

ACCOMPLISHMENTS AND PROFESSIONAL SERVICE

- 2017-present* Working Group Leader; Health and Wellness; Member; **Black Girls Equity Alliance:** comprised of individuals, community-based organizations, universities, and government entities that work with Black girls and acknowledge that their lives and experiences are unique within existing societal constructs. Our mission is accomplished by informing providers, communities, and systems about best practices for supporting Black girls and advocating for policy changes that will improve their lives.
- 2016-present* Media and PR Co-Coordinator; Society of Counseling Psychology (Division 17 of APA)
- 2015-present* Teaching Briefs Editor, Psychology of Women Quarterly
- 2015-present* Member of Steering Committee: Gwendolyn J Elliott Research Institute
- 2014-present* Vice President of Board of Directors; Pittsburgh Action Against Rape (PAAR); Chair of Social Action Committee 2015- present; Secretary of the Board July 2015- June 2016
- 2013-2016* Conference Co-Coordinator, Association for Women in Psychology National Conference, Pittsburgh, 2016
- 2013-2016* Member of Editorial Board, Journal of Social Issues
- 2012- 2015* Online Supplement Project Coordinator; Psychology of Women Quarterly Appointed position. My role is to select manuscripts from upcoming editions and coordinate the development of supplemental teaching materials which are posted online.
<http://pwq.sagepub.com/content/by/supplemental-data>
- 2010- 2014* Division 17 Early Career Professionals Committee (Member of committee August 2010-2012, Chair 2012-2013, Outgoing Chair 2013-2014)
- 2011-2014* Member of Association for Women in Psychology Implementation Collective (Executive Board): Suite Coordinator Appointed position. My role is to organize and implement a hospitality suite (including personalized programming) at the American

Psychological Association Convention (suite is co-sponsored by the Society for the Psychology of Women. I also attend board meetings 3 times a year to discuss the needs/governance of the organization.

2011-2013 Member of Board of Directors for Hope Grows
 Hope Grows is a non-profit and a service oriented organization that provides restorative care to those who are coping with the daily stress of providing ongoing care for a loved one through the use of support and healing gardens.

- *Ad-hoc Reviewer:*
 - Sex Roles*
 - Journal of Interpersonal Violence*
 - Psychology of Women Quarterly*
 - Journal of Developmental & Behavioral Pediatrics*
 - Youth and Society*
 - Psychology of Popular Media Culture*
 - SAGE Book manuscripts*

University Service

2016-present Chair; Gender and Sexual Violence Prevention Committee
2015 Student Organization and Leadership Awards Selection Committee, Chatham University
2014-2017 Graduate Assistantship Coordinator, Counseling Psychology, Chatham University
2013-2016 Institutional Review Board Member; Chatham University
2013 Graduate Evaluation Form Review Committee; Chatham University
2012-2014 Graduate Assistantship Co-Coordinator; Counseling Psychology; Chatham University
2011-2012 Faculty co-advisor of student club Feminist Activists Creating Equality Chatham University
2012 Women's Studies Annual Dinner Planning Committee; Chatham University
2011-2012 Committee to develop IND 108 Gender and Contemporary Social Issues; Chatham University
2010-2012 Doctoral Comprehensive Exams Coordinator; Counseling Psychology; Chatham University
2009-2010 Developed and implemented career preparation outreach program for Chatham University undergraduate students
2009-2010 Curriculum Committee: Counseling Psychology Program: Chatham University
2009-2010 Women's Health Across Graduate Curriculum Committee: Chatham University
2008-2009 Sexual Orientation Diversity Ally team: University of Illinois
2008-2009 Eating Disorders and Disturbances Treatment Team: University of Illinois
2008-2009 Consultant for Native American House: University of Illinois
2006-2008 Graduate Student Representative for Women's Studies Advisory Board

Colorado State University

CLINICAL AND OUTREACH EXPERIENCE

- **Post-Doctoral Staff:** Weight Management Clinic, Children's Hospital
 Pittsburgh, Pennsylvania
 September 2009- August 2010
 ~15 hours/ week
 Implemented a structured treatment program for adolescent girls with Polycystic Ovary Syndrome and depression.
- **Pre-Doctoral Intern:** University of Illinois Counseling Center.
 Urbana- Champaign, Illinois
 August 2008-August 2009
 Counseled a diverse caseload, intervene with students in crisis. Co-facilitated a co-ed therapy group for college students. Collaborated with the Eating Disorders and Disturbances Treatment Team for outreach and prevention efforts on campus. Member of the Sexual Orientation Diversity Ally team and Ally Network. Consulted with Native American Cultural House. Supervised advanced practicum trainees.
- **Liaison to Native American House** University of Illinois Counseling Center.
 Urbana- Champaign, Illinois
 December 2008-August 2009
 Served as liaison between Native American House and Counseling Center. Provided supervision to undergraduate native student conducting a peer mentorship program. Provided guidance in development and implementation of curriculum for AIS 291: Native American House Seminar. Participated in events sponsored by the Native American House.
- **Psychological Consultant: Poudre School District**
 Fort Collins, Colorado
 August 2007-May 2008
 Consulted for the Poudre School District regarding students in kindergarten through 12th grade. Made observations, conducted evaluations, and attended meetings with teachers and district staff regarding students in special education programs.
- **Practicum: Psychological Services Center**
 Fort Collins, Colorado
 August 2006- May 2008
 Conducted individual therapy with clients from various socioeconomic backgrounds. Worked with clients with various disorders including depression, bipolar disorder, PTSD, eating disorders, etc. Conducted evaluations with

children and adults including full psychological assessments, learning disorders, ADHD, autism spectrum, and others.

- **Social Skills Group Facilitator**
Fort Collins, Colorado
August 2006-May 2007
Co-facilitated groups for children and adolescents with emotional impairments. Led experiential activities to teach various social skills.
- **Personal Counselor: Front Range Community College**
Fort Collins, Colorado
August 2006- May 2007
Conducted individual therapy with college students from various socioeconomic backgrounds with disorders ranging from depression, adjustment disorder, PTSD, bipolar disorder, eating disorders, schizoaffective disorders, etc. Developed campus workshops for topics including eating disorders, learning disorders, and study skills. Led campus-wide screening events for mood disorders, eating disorders and alcohol abuse.
- **Clinical Intern for SAVA: Sexual Assault Victim's Advocate Center of Larimer County**
Fort Collins, Colorado
June 2005- May 2008
Developed and co-facilitated a therapy group for adult women survivors of sexual assault. Worked with individual clients who were survivors of sexual assault or childhood sexual abuse. Staffed and supervised staff for the 24-hour hotline. Assisted with prevention and community education programs.
- **Consultant for Intensive Learning Classroom**
Weld County Colorado
August 2005-May 2006
Developed individual and group programming for students with autism, severe cognitive deficits, significant identifiable emotional disorders

CLINICAL SUPERVISION

- 2009-present* Instructor for master's practicum and internship and doctoral practicum courses
- 2009-2010* Supervision of doctoral trainee, Weight Management and Wellness Center, Oakland, Pittsburgh, PA
- 2008-2009* Supervision of Practicum Trainee, Counseling Center, University of Illinois
- 2006-2008* Supervised advocates who served on the hotline for the Sexual Assault Victim Advocate Center, Fort Collins, Colorado

PROFESSIONAL AFFILIATIONS

American Psychological Association

Division 17 of APA: Society of Counseling Psychology

Division 35 of APA: Society for the Psychology of Women

Division 51 of APA: Society for the Psychological Study of Men and Masculinity

Division 9 of APA: Society for the Psychological Study of Social Issues

Association for Women in Psychology

National Women's Studies Association

Psi Chi, Honor Society for Psychology

Girls Coalition of Southwestern Pennsylvania