

LADIES' DRESS CODE

Regulation attire is required for all classes. This is to enable both the instructor and the student to monitor body alignment, placement and weight and to present the class in a professional manner to visitors and onlookers.

- All clothing and shoes should be marked with the student's name.
- Leg and foot braces and wrappings may not be worn. Students with recent or chronic injuries should consider carefully their participation in this intensive program.

The following dress codes will be enforced for all classes. Students not following dress code will be asked to leave the class.

General Attire

- Makeup should be kept to a minimum.
- **All jewelry should be removed before starting class.** This includes wristwatches, necklaces, rings, and piercings. Very small earrings will be permitted.
- Nail polish, if worn, should be clear.
- Bras with clear or plastic straps will not be permitted.

Ballet & Pointe

- **Hair must be secured neatly** in a bun, twist or otherwise held away from the face. Bangs must be gelled or sprayed away from the face.
- **Solid-colored** leotard in a style appropriate for classical ballet (e.g., no decorative trim, no turtle necks, no high-cut legs, no extremely low-cut backs, no double/criss-cross/halter straps, no keyhole/banded/see-through backs.)
- **Pink, footed tights.**
- **Pink ballet shoes with elastics sewn.**
- **Pink pointe shoes, if appropriate, with elastics and ribbons sewn.**
- Short ballet skirts may, at the sole discretion of the instructor, be worn in Pointe
- **Skirts shall, under no circumstances, be worn in ballet technique classes.**
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the tendu exercises have been completed.

Jazz/ Tap

- Hair must be secured neatly in bun, twist, ponytail or otherwise held away from the face. Bangs must be gelled or sprayed away from the face.
- **Solid-colored leotard** without decorative trim.
- **Black tights or full-length dance pants free of logos and/or words.**
(Shorts, crop-tops, cut-off sweatpants, and exposed sports bras will not be permitted in the studios.)
- **Jazz shoes** must enable the dancers to point their feet and turn without undue friction.
- **Tap shoes** shall be leather and must be checked for loose screws prior to each class.
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the warm-up exercises have been completed.

Modern

- Hair must be secured neatly as directed by the instructor.
- Solid-colored leotard without decorative trim or T-shirt free of logos, pictures and/or words.
- Black footless tights, bicycle shorts, or yoga pants, free of logos and/or words.
- Kneepads may be worn in Modern classes.
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the warm-up exercises have been completed.

MEN'S DRESS CODE

Regulation attire is required for all classes. This is to enable both the instructor and the student to monitor body alignment, placement and weight and to present the class in a professional manner to visitors and onlookers.

- All clothing and shoes should be marked with the student's name.
- Leg and foot braces and wrappings may not be worn. Students with recent or chronic injuries should consider carefully their participation in this intensive program.

The following dress codes will be enforced for all classes. Students not following dress code will be asked to leave the class.

General Attire

- Hair shall be **groomed** in a manner consistent with the classical ballet aesthetic.
- Men shall be **clean shaven**.
- Men shall wear **dance belts** if age 12 or older.
- **All jewelry should be removed before starting class.** This includes wristwatches, necklaces, rings, and piercing. Very small earrings will be permitted.

Ballet

- **Full-length black, footed tights.**
(Gentlemen may wear black nylon socks with footless tights provided that their legs are covered fully.)
- **Leotard or form fitting T-shirts, in white or black, free of logos and words.**
(Under Armour or similar stretch shirts are acceptable.)
- Men shall wear **black ballet shoes with elastics sewn**, not tied.
- Hats, headbands, bandanas, do-rags and the like shall not be worn in class.
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the tendu exercises have been completed.

Jazz/ Tap

- **Full-length black, footed tights.**
- **Leotard or form fitting T-shirt, in a solid color, free of logos and words.**
(Under Armour or similar stretch shirts are acceptable.)
- **Black ballet shoes with elastics sewn**, not tied.
- Hats, headbands, bandanas, do-rags and the like shall not be worn in class.
- (Shorts and cut-off sweatpants will not be permitted in the studios.)
- **Jazz shoes** must enable the dancers to point their feet and turn without undue friction.
- **Tap shoes** shall be leather and must be checked for loose screws prior to each class.
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the warm-up exercises have been completed.

Modern

- Solid-colored leotard or T-shirt free of logos, pictures and/or words.
- Back footless tights, bicycle shorts, or Yoga pants, free of logos and/or words.
- Kneepads may be worn in Modern classes.
- Form-fitting knitted warmers may, at the sole discretion of the instructor, be worn until the warm-up exercises have been completed.