

Dress Code

All Dance students shall dress in a manner that reflects well upon the Department and upon the University.

Regulation attire is required for all technique classes. This is to enable both the instructor and the student to monitor body alignment, placement and weight and to present the class in a professional manner to visitors and onlookers.

While individual instructors may require attire that is specific to their courses, the following dress code shall be observed by all Dance students. Failure to wear proper attire may result in a lowered grade(s).

Traditionally, bare-feet are permitted in rehearsal rooms, dance studios and on stage only. Proper footwear should be worn at all times outside these areas. For the Fall, students will be permitted to wear socks or other footwear determined by the faculty/instructor. An update for the Spring semester regarding dancing bare-feet will be provided at the end of the Fall semester.

Masks

We know from existing data that wearing a mask in public can help prevent the spread of COVID-19 in the community. In accordance with PA Department of Health regulations and guidance from the Centers for Disease Control and Prevention (CDC), PPU has determined that everyone will be required to wear a face mask in university buildings, including classrooms. You **MUST** wear a mask appropriately (i.e., covering both your mouth and nose) in the building if you are attending class in person. Masks have been provided for students, instructors, and staff, and everyone is expected to wear one while inside any university building.

Students will be required to wear a mask during all dance classes. It is recommended that each student have multiple masks available per day, as they will need to be swapped if they get wet.

Masks with vents will not be allowed unless they have a filter between the mask and the wearer's face. The Dance Department will not provide masks for dancers. Dancers should find a mask that they personally feel comfortable dancing in.

Students will be encouraged to rest if they feel unwell during a class while wearing a mask and they will not be penalized for doing so.

Ballet Technique Class

Ladies: A black leotard tailored in a fashion appropriate to classical ballet; full-length pink or flesh toned footed tights and pink or flesh toned ballet shoes with ribbons and/or elastics sewn. Ladies' hair shall be secured in a bun or twist, or up above the neck and off the shoulders, and secured neatly and tightly away from the face.

Men: A dancebelt, full-length black, footed tights, a white, long or short sleeve leotard or form fitting white T-shirt, such as an Under Armour® brand shirt, free of words, and black ballet shoes with elastics

sewn. Men's hair shall be groomed in a manner consistent with the classical ballet aesthetic. **Hats, headbands, bandanas, and the like shall not be worn in class.**

Pointe and Ladies' Variations Classes

Ladies: A black leotard tailored in a fashion appropriate to classical ballet; full-length pink or flesh toned footed tights and pink or flesh toned pointe shoes with ribbons and elastics sewn. Ladies' hair shall be secured in a bun or twist. Ladies may, at the instructor's discretion, be permitted to wear skirts or practice tutus. For safety reasons, belly piercings must be removed prior to partnering.

Male Technique and Men's Variations Classes

Men: A dancebelt, full-length black, footed tights, a white, long or short sleeve leotard or form fitting white T- shirt, such as an Under Armour® brand shirt, free of words, and black ballet shoes with elastics sewn. Men's hair shall be groomed in a manner consistent with the classical ballet aesthetic. **Hats, headbands, bandanas, and the like shall not be worn in class.**

Pas de Deux

Ladies: A black leotard tailored in a fashion appropriate to classical ballet: full-length pink or flesh toned footed tights and pink or flesh toned pointe shoes with ribbons and elastics sewn. Ladies' hair shall be secured in a bun or twist. Ladies may, at the instructor's discretion, be permitted to wear skirts or practice tutus. For safety reasons belly piercings must be removed prior to partnering.

Men: A dancebelt, full-length black, footed tights, a white, long or short sleeve leotard or form fitting white T- shirt, such as an Under Armour® brand shirt, free of words, and black ballet shoes with elastics sewn. Men's hair shall be groomed in a manner consistent with the classical ballet aesthetic. **Hats, headbands, bandanas, and the like shall not be worn in class.**

Stud earrings may be worn in pas de deux classes. Hanging earrings, necklaces, bracelets, and wristwatches are not to be worn in classes or rehearsals. Facial piercings are to be removed prior to class. For safety reasons, belly piercings must be removed prior to partnering. Also, to protect all dancers in class, fingernails shall be kept closely trimmed by all participants in pas de deux class.

Given the intimacy inherent in partnered dance, personal hygiene is of particular importance. Whenever practicable, dancers should change leotards or shirts prior to commencement of partnering classes or rehearsals. As a courtesy to your partner, please refrain from smoking immediately prior to entering the studio.

Jazz Technique and Contemporary Partnering Classes

Ladies: An appropriate leotard (must not be restricting or too revealing), tights and/or form fitting dance pants (preferably calf-length), appropriate footwear (**NO street shoes**), hair secured and pulled back from the face.

Men: A leotard and/or form fitting tee or tank top, tights or dance pants (preferably calf-length), dancebelt, appropriate footwear (**NO street shoes**), hair neat and secured off of the face.

Modern Technique, Contemporary Partnering, and Improvisation Classes

Ladies: Single-colored leotards or unitards are permitted. Tank and camisole-style leotards are permitted but not recommended for Modern Dance technique courses. Well-fitting, body-hugging athletic-style tops are permitted and at minimum, must cover the waist.

Men: Single-colored leotards, unitards or T-shirts are permitted. A dancebelt is required. T-shirts should fall hip length over tights/dance pants or tucked into tights/dance pants. Tank-style leotards or T-shirts are permitted but not recommended for Modern Dance technique courses. Well-fitting, body-hugging athletic-style tops are permitted and at minimum, must cover the waist.

Typically, all Modern Dance technique, Contemporary Partnering, and Improvisation classes are performed with bare feet. For the Fall 2020 students will be permitted to wear socks or footwear determined by the instructor. Contemporary Partnering is canceled for the Fall semester and a determination for offering this course in the Spring will be revisited.

Every dancer should have a pair of knee pads.

Important: Individual students who do not adhere to the dress code for Modern Dance and related courses will be given one warning. After the first warning the instructor has the right to mark you absent and/or unprepared each time you do not adhere to the dress code, thus impacting your grade.

Character and Folk Classes

Ladies: A black leotard tailored in a fashion appropriate to classical ballet; full-length pink or flesh toned footed tights and character shoes. Ladies' hair shall be secured in a bun or twist.

Men: A dancebelt, full-length black, footed tights, a white, long or short sleeve leotard or form fitting white T-shirt, such as an Under Armour® brand shirt, free of words, and black character shoes. Men's hair shall be groomed in a manner consistent with the classical ballet aesthetic. Hats, headbands, bandanas, and the like shall not be worn in class.

Tap Class

Ladies: An appropriate leotard (must not be restricting or too revealing), tights and/or form fitting dance pants (preferably calf-length, ankles must be viewable) and tap shoes. Hair secured and pulled back from the face. No hanging earrings, bracelets, necklaces or facial piercings. **NO JEANS OR STREET SHOES.**

Men: Leotard and/or form fitting tee or tank top, tights and/or form fitting dance pants (preferably calf-length, ankles must be viewable) and tap shoes. Hair secured and pulled from face. No hanging earrings, bracelets, necklaces or facial piercings. **NO JEANS OR STREET SHOES.**

Ballroom, Hip Hop and African

Please refer to the instructor for appropriate class attire.

Production Class

Tech Crew: Black long sleeved polo, black pants, ALL BLACK soft soles shoes (no heels), black socks. You may also want to have a black T-shirt and black hooded sweatshirts/jacket. Typically, all students enrolled in DANC 130- 231 will be required to purchase a long sleeved, black, Playhouse Polo shirt at a cost of \$25. Purchase locations are usually specified by the Production Manager. For the Fall semester the purchase of a Playhouse Polo shirt is not required.

House Crew: Black long sleeved polo, black pants or skirt, black dress shoes, and tie (men). All students will be required to wear the aforementioned Playhouse Polo.

Not Permitted in Any Class

- Crop-tops of any kind; halter topped leotards, baggy shirts, sweatshirts or sweaters; any leotard that must be secured by tying or hooking
- Leotards, unitards, or athletic-style shirts that are neon colored or very brightly colored; leotards, unitards, or athletic-style shirts with any kind of printing, decoration, or logo on them
- Shorts – including cut off tights, biker-shorts; sweatpants or other baggy-style pants
- No jewelry should be worn during classes. This includes earrings, rings, necklaces, bracelets, wrist watches or tongue/body piercings