



24/7

UPMC MyHealth 24/7 Nurse Line

1-866-918-1591 (TTY: 711)

Day or night, a UPMC nurse is just a phone call away.

Not sure if you need to see a doctor? Call the UPMC MyHealth 24/7 Nurse Line. UPMC nurses can help you decide whether to:

- Treat your health issue at home.
- Make an appointment with your doctor.
- Seek a higher level of care.

What to expect

You can call 24 hours a day, 7 days a week with general health questions or a specific medical issue. Just have your member ID card handy. This help is available at **no cost to you!**

Note: UPMC nurses who answer calls are licensed to assist members in Pennsylvania, West Virginia, Maryland, New York, and Ohio. Members must be located in one of those states when calling the UPMC MyHealth 24/7 Nurse Line. The UPMC MyHealth 24/7 Nurse Line is not a substitute for medical care. If an emergency arises, call 911 or go to the nearest emergency department. Nurses cannot answer plan or benefit questions. Please call the Member Services number on your member ID card for nonclinical inquiries.

UPMC HEALTH PLAN

Nondiscrimination Statement

UPMC Health Plan, on behalf of itself and its affiliates, complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

Translation Services

UPMC for You

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-800-286-4242 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-286-4242 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-286-4242 (телетайп: 711).

UPMC for Kids

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-800-650-8762 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-650-8762 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-650-8762 (телетайп: 711).

UPMC Community HealthChoices

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-844-220-4785 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-220-4785 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-220-4785 (телетайп: 711).